Reducing congestion in the Pentland Hills

Avoid car congestion at Bonaly, Flotterstone, Harlaw and Threipmuir:

- Walk or cycle
- Weekends are very busy – park instead at Boghall, Carlops, Castlelaw, Dreghorn, Hillend, Nine Mile Burn/Swanston.
The Pentland Hills Regional Park is a living, working landscape which consists of around 10,000 hectares of countryside and 100km of paths. It’s a protected landscape containing a rich mosaic of farmed land, heather moorland, reservoirs, woodland and hills.

Explore the Pentlands
Suggested circular routes

- **Glencorse View (2.7 miles/4.5 km) Moderate**
  From Flotterstone Information Point, follow the Heron waymarkers along the burn to Glencorse Reservoir. Return via the Castlelaw path, enjoying great views of the glen.

- **Harlaw Woodland (2 miles/3.5 km) Easy**
  From Harlaw House Visitor Centre, follow the Squirrel waymarkers around Harlaw Reservoir. Enjoy spectacular views of Black Hill, with Turnhouse Hill and West Kip in the distance.

- **Capital View (2.5 miles/4 km) Moderate/Strenuous**
  From Hillend Country Park lower car park, follow the Castle waymarkers, taking in spectacular views of Edinburgh and the Firth of Forth.

- **Torduff Water (1.5 miles/2.5 km) Moderate**
  From the car park at Bonaly Country Park, follow the Tap waymarkers through the woodland to Torduff Reservoir. Enjoy views of the moorland and across Edinburgh.

The full 100km of waymarked paths are shown on the map overleaf.

Respect the landscape when you visit the Hills

- **Respect the interests of other people**
  – all responsible visitors are welcome in the Regional Park. Acting with courtesy, consideration and awareness is very important. Make sure that you respect the privacy, safety and livelihoods of those living or working in the hills, and the needs of other people enjoying the outdoors.

- **Care for the environment** – the paths in the Regional Park are vulnerable to erosion. Please be mindful of path conditions in poor weather. Take litter home with you. Bag and bin your dog’s poo.

- **Take responsibility for your own actions** – you may come across the following on the 100km waymarked path network: gates, stiles, bridges, dykes and drainage structures. Please respect these features. Remember that the hills can’t be made risk-free and act with care at all times for your own safety and that of others.

A living, working landscape

- **January/February**
  Pregnant sheep. Please keep your dog on a short lead or close at heel.

- **April-July**
  Birds Nesting. Please keep your dog on a short lead or close to heel.

- **May-September**
  High fire risk. Please don’t light fires in woodlands and leave no trace.

- **August-January**
  Game Shooting. Please follow the advice on posted signs.

- **August/September**
  Harvest. Large machinery require access to fields. Please park your vehicle sensibly and do not block access to gates.

- **November/December**
  Sheep Tupping. Disturbance or gates left open can ruin the breeding season. Please keep your dog on a short lead or close at heel.

Donation scheme for the Pentland Hills Regional Park

The donation scheme is an easy way for people to put something back into the Hills. It allows you to make a donation for environmental improvements. All funds raised go towards projects that enhance and protect the Pentland Hills Regional Park.

Donate with your mobile! Download the RingGo App or call 0131 516 4000 to pay by debit/credit card. To donate use the following codes:

- £2 - 12558
- £5 - 12562
- £10 - 12563

For more information and to donate please visit the Regional Park’s website at www.pentlandhills.org
Paths are vulnerable to erosion. Please be mindful of path conditions in poor weather and choose your route accordingly.